

## **Dr. Joseph Reed**



### **Arlington Dental**

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## **Disclosure**

The purpose of this eBook is to provide you with information regarding Dentistry as it relates to your overall health and to acquaint you with Dr. Joseph Reed of Arlington Dental and the staff that supports him. The information should not be relied upon as a diagnosis of any problem or illness. You should consult a physician in the event of an illness.

# Welcome!

We want to say “**Thanks!**” for taking the time to download this booklet.

Our goal is to provide you with an Overview of the current state of Dentistry and to introduce you to our dental practice, Arlington Dental in Arlington, Texas.

We hope you will find the information in this eBook invaluable in deciding on the proper Dentist for you. Please feel free to contact us if you have questions or would like to schedule an appointment.

## Overview

Dentistry is a complex science. There are many procedures that did not exist just a few years ago. Dr. Joseph Reed and his staff at Arlington Dental uses the latest procedures to help you keep your teeth in condition. But first, before we introduce you to Dr. Reed and his staff, we would like to briefly discuss your teeth and the important role they play in your overall health.

### **Did you know that dental care is the most common unfulfilled health need in America?**

In a study conducted by the U.S. Surgeon General, it reported that: “**You are not healthy without good oral health.**”

Tooth decay and gum disease are two most common problems facing us. And these problems are not limited to an age group. In fact, these problems can be greater the older we get.

Cavities resulting from tooth decay may lead to toothaches, broken teeth and infections.

Gum disease can cause your gums to swell causing germs to enter your bloodstream, Untreated gum disease increases your chance of developing heart disease or stroke. The germs that cause gum disease start a chain reaction in the gums very similar to the one that forms blockage in blood vessels around your heart (known as coronary artery disease). These blockages are called “plaque” and can potentially travel to your brain. This increases the potential for stroke. It appears there is a correlation between these two processes.

Gum disease can weaken your immune system, making you more susceptible to disease. Gum disease can also cause teeth to loosen and, untreated, cause us to lose our teeth. As you lose teeth, it becomes harder to eat the foods you like. And it diminishes your body’s ability to adequately process and assimilate the nutrients in food because foods you consume are not properly chewed.

If teeth are lost, it can affect how we talk, smile and our self-confidence. Because our population is aging, there is a higher incidence of tooth loss which is rapidly

becoming a greater public health issue. Losing all your teeth before age 65 is associated with a 50% increased risk of death from all causes.

Gum disease can get worse as you age, affecting your general health. New evidence links gum disease with many chronic illnesses such as obesity, diabetes, stroke and heart disease.

Oral mouth cancer is also on the rise and those afflicted generally have a poor recovery prognosis. Smoking and other forms of tobacco use increase the risk of mouth cancer and gum disease. Too, alcohol use can also increase your risk, often leading to liver disease and oral cancer.

How can you the health of your mouth and body?

- Brush and floss daily. Consult with your Dentist about the proper way to brush and floss.
- Schedule regular examinations with a Dentist
- Be sure to bring along a complete list of all medications you take, including over the counter medications when you visit your Dentist
- Eat fresh fruits and vegetables
- Restrict your use of sugar
- Don't use tobacco and limit the consumption of alcohol

In conclusion, a professional Dentist can be one of your greatest assets in maintaining your overall health and well-being. And we are convinced that once you meet Dr. Joseph Reed, become familiar with his qualifications, his staff and the many services he provides, you will see why it makes sense to choose Dr. Reed as your Dental Provider.

**Let's meet Dr. Joe Reed and learn more about him:**



**Dr. Joseph Reed, DMD, MAGD**

**Dr. Joseph Reed** graduated from Temple University School of Dental Medicine in 1994. He studied diligently and achieved Fellow status with the Academy of General Dentistry. In 2002 he attended the Montefiore Hospital Program and received a certificate to administer IV Sedation.

Since 2002 he has been administering Conscious Sedation to high fear patients and performing dental services such as implants, smile makeovers, and one-visit crowns for high fear and patients who have special needs.

In 2012 Dr. Reed re-certified in IV sedation at St. Joseph's Hospital in Patterson NJ. In 2013 he achieved Mastership with the Academy of General Dentistry. Dr. Reed enjoys learning about his profession and providing his patients high quality care. He also enjoys providing dentistry for patients who have stated that they are "too afraid" to visit the dentist.

In 2013 Dr. Reed moved to Texas and joined the practice of Dr. Gary Halm, also a Master of the AGD. Together they hope to provide you with the highest level of care.

Arlington Dental and Dr. Joseph Reed offer a completely unique experience in dentistry. Dr. Reed believes strongly in patient education and in fostering a true understanding in each patient of their unique dental circumstances. He strives to help his patients to understand why they are in their situation, and how they can help themselves to become healthy.

Dr. Reed routinely deals with patients that are medically compromised and has an understanding of how medications and certain medical conditions affect the teeth and mouth. He has dealt with cancer patients undergoing Chemo Therapy, patients recovering from drug and alcohol addictions, patients with diabetes and those with

heart disease. He is also committed to working closely with your physician to assure that your treatment does not compromise your medical condition in any way.

Arlington Dental offers a wide variety of dental services including but not limited to endodontics – Root Canal, Orthodontics – including Invisalign Clear Braces, and restorative treatment like Cerec one-visit crowns and veneers. Dr. Reed and his team use the latest techniques in sterilization to assure that you are safe during your procedures. The area where our practice differs from the rest is the education and the care that you will receive.

Dr. Reed uses only the highest quality metals – such as gold – for his laboratory fabricated restorations, and utilizes all porcelain materials to achieve a natural look whenever possible.

IV Sedation and the concept of complete dentistry for those who never thought that they could sit in a dental chair is another factor that sets Arlington Dental apart. Dr. Reed has performed IV conscious sedation for over 15 years and is confident in his ability to put even the most fearful patients at ease. He sees patients who have a variety of special needs and medical conditions.

# Meet the Team



## **Office Manager**

My name is Lavern! I am the Office Manager at Arlington Dental. Give us a call and I will schedule you today!



## **Business Assistant**

My name is Jennipher! I am a Business Assistant at Arlington Dental. I enjoy helping to make your visit to our office as easy and comfortable as possible.



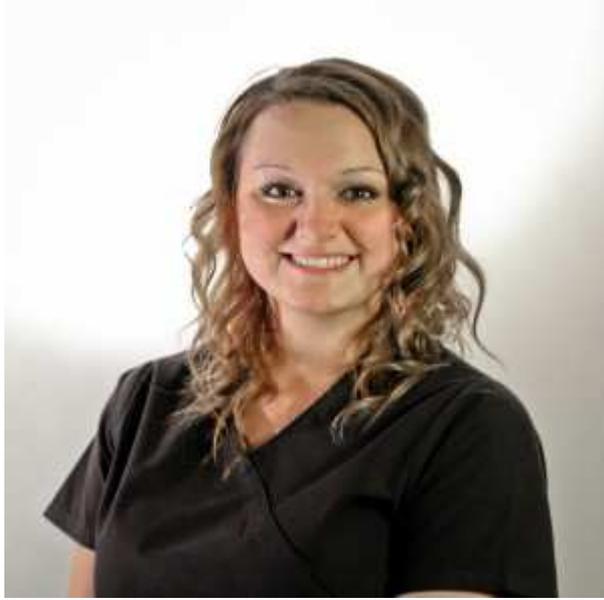
**Registered Dental Hygienist**

**Nikki Nguyen, B.S., R.D.H.**, heads the preventive dentistry care at the office and has been an associate of Arlington Dental for over 14 years. Preventive care is offered for the entire family.



**Registered Dental Assistant**

I'm Dolly, a Registered Dental Assistant for Dr. Reed. I speak both Spanish and English. I enjoy assisting the doctor and making your visit a breeze!



**Registered Dental Assistant**

Hello! My name is Jennie, a Registered Dental Assistant. I'm the office pro at designing Cerec Crowns. They are terrific! All porcelain crowns that Dr. Reed and I can make for you that will be ready the same day.

# Preventive Dentistry

Are you getting your dental check up at least once a year? Did you know that gum disease puts you at a higher risk factor for heart disease and diabetes? A new study shows that the health of your mouth, teeth and gums may have a strong impact on your overall health.



Nikki Nguyen is a Registered Dental Hygienist

**Nikki Nguyen, B.S., R.D.H.**, heads the preventive dentistry care at the office and has been an associate of Arlington Dental for over 14 years. Preventive care is offered for the entire family.

1992 earned Bachelor of Science and Biology at TCU

1995 earned Bachelor of Science in Dental Hygiene at Baylor College of Dentistry

1996 joined practice of Gary V. Halm, DDS, MAGD

Highly skilled and knowledgeable with latest dental hygiene technology

Performs her duties with dedication, caring and gentle techniques

## **Preventive Check Up includes:**

- Cleaning of teeth
- Fluoride treatment
- Computerized gum disease assessment
- Instruction on good oral hygiene
- Non-surgical gum treatment
- Implant care

# Implants Placed on Site!

Whether you are missing one or several of your teeth, Dental Implants can improve your quality of life and self confidence. You do not have to suffer a lifetime of embarrassment, inconvenience, denture pain or unnatural looking teeth.



Root form implant with implant tooth.

## Benefits of Dental Implants:

- Increase the life expectancy of surrounding teeth
- Costs comparable to a bridge
- Helps preserve supporting facial bones
- Look and feel like natural teeth
- No decay!

The natural look and feel of implanted teeth have restored confidence and comfort for thousands of people suffering from tooth loss. Dental implant procedures can restore a lasting smile and your sense of well-being.

## Frequently Asked Questions:

### • Will getting implants be painful?

Most of our patients say, "...that was much easier than I thought!" Great care is taken to make sure that you are numb and well sedated during the entire procedure.

Your individual health plays an important role in the healing process. People without underlying serious chronic medical issues (like cancer and uncontrolled diabetes) and NON SMOKERS heal the most rapidly after implant surgery.

Narcotics are not prescribed after this procedure because it is traditionally not associated with high pain levels. The immediate post-operative discomfort is well handled with Tylenol and Motrin.

Occasionally patients will experience swelling or bruising in the area but this normally resolves within 2 days.

- **Can I afford dental implants?**

Dental implants generally cost about the same as a 3-unit bridge. They can actually save money on dental care in the long run because missing teeth can lead to break down and wear to other teeth causing a cyclical effect of broken and missing teeth. The long term cost for having an implant versus a bridge is much lower, since a bridge will be replaced every 7 -10 years. Your dental implant will most likely never need to be replaced!

Your teeth are something that you enjoy for your entire life. People of all ages enjoy eating and your teeth are vital to this process. Teeth are a luxury (?) and an investment but ultimately, they are worth it!

Dental implants also do not harm the surrounding teeth. A 3-unit bridge, when performed on teeth without restorations, necessitates grinding down the supporting teeth. If these teeth do not need crowns, it can cause unnecessary loss of tooth structure.

- **Don't dental implants take years?**

Not at all! Having an implant usually takes about 6 months on average. A bridge takes 3 – 6 weeks. Considering how long many people allow themselves to suffer with missing teeth, this is not a long process.

Bone, by nature, takes time to heal. The implant is supported by your bone; in order for the implant to be solid, the bone around the area must heal. This may take several months but the healing process is vital to the success of your dental implant.

A bone graft, may or may not extend the amount of time it takes for healing.

# Root Canal

In his office in Arlington Tx. Dr Joseph Reed performs Root Canal Therapy or Endodontic Therapy for patients who have an infection or chronic tooth pain.

What is Root Canal? When the nerve located inside the tooth is infected or has an abscess Root Canal Therapy is the best way to prevent the tooth from being extracted. In his office in Arlington Tx, Dr. Joseph Reed performs root canal on abscessed teeth. A tooth can become abscessed as a result of decay or from a cracked tooth, or trauma to the tooth. Alternatives to Root Canal Therapy are an Extraction and Implants or a Bridge.

During Root Canal Therapy, the tooth is given a local anesthetic or numbing agent. Then the infection and nerve are removed and medication is placed in the tooth to treat the problem. After the infection is removed, a filling is placed in the area

A tooth that has undergone Root Canal Therapy is weak and fragile and must be crowned to give the tooth sufficient strength.. Brush and floss daily, and visit your dentist for regular preventative dental check-ups.

## **Modern Root Canal Therapy**

The way root canal therapy is performed today is very different than even ten years ago. Today we have modern tools to visualize the problem and to perform the procedure more efficiently. Most simple infections can be treated with root canal in one visit. Sometimes when the area becomes calcified – or hard and dense from years of slow infection, we may need multiple visits.

## **Non-surgical Root Canal Therapy**

Root Canal Therapy is a dental procedure, performed in our Arlington Tx office with local anesthetic or with IV Sedation where we remove the nerve inside of the tooth because it has become irreversibly damaged or

infected. This is normally because bacteria gets in to the pulp or nerve and causes an infection or because the tooth was hit or cracked. ROOT CANAL is a commonly used term for endodontic therapy or root canal therapy which Dr. Reed performs in Arlington Texas. To perform this procedure properly Dr. Reed in Arlington must remove the entire nerve and clean out the tooth, as well as cleaning, shaping and 3-dimensional filling of the canal system with gutta percha and a dental sealer. The procedure enables you to keep your natural tooth, which is preferable to any type of replacement.

## **How Does Dr. Reed Perform Root Canal Therapy?**

### **Step One:**

Dr. Reed administers a local anesthetic or IV Sedation then creates a small opening into the pulp chamber. The canals are located and measured, so they can be cleansed and shaped.

### **Step Two:**

Dr. Reed then fills the canals with a rubber-like material called gutta-percha and the opening is sealed with sterile cotton pellets and a temporary filling.

### **Step Three:**

He prepares the tooth with a post and a crown. With Dr. Reed and Arlington Dental, often the Cerec Crown is placed at the same visit or in 2 weeks after healing has occurred. A crown is placed over the treated tooth in order to protect it, and if the tooth lacks sufficient tooth structure to hold the core build-up, a post may be placed inside. Any areas of infection around the roots will begin to heal.

The number of visits necessary to complete a root canal varies depending upon the infection, the number of canals in the tooth, if the canals are calcified, the anatomy of your tooth, and how complex the procedure becomes. When there is a large abscess Dr. Reed in Arlington Tx cannot perform a Cerec Crown on the same day because he needs to allow the tooth to heal.

# IV Sedation Dentistry



## Relax...You're in Great Hands

For patients with fear or apprehension, we offer Sedation Dentistry. [Dr. Joseph Reed](#) is one of only a few general dentists in Arlington, Texas who has advanced training in IV Sedation.

For many years he has provided medication to make the anxiety of treatment disappear. He can repair years of neglect or dental damage often in a single visit by using a type of sedation. After a comprehensive exam he can determine the best protocol for your sedation treatment a plan that fits what you need and how you want to look. Most dental problems like implants, extractions, cosmetic restorations, and many other dental corrections can be done in a safe relaxed way using sedation dentistry.



Dr. Joseph Reed consults with a patient about IV Sedation services

The sedation we provide is conscious sedation. That means that you won't remember much about the procedure but you will be able to breathe and respond on your own.

IV Sedation is used most, for comfort during long procedures. Sedation is also used for the anxious or medically compromised patient. We also do IV sedation on people who are terrified or afraid of the dentist because of previous experiences.

With advanced training, Dr. Joseph Reed is equipped to provide comprehensive sedation in a monitored, controlled and safe environment.

*Patients who are sedated may not eat or drink anything for 12 hours prior to appointment time and someone must drive them home and stay with them.*

# Braces and Arlington Dental

Are you thinking about getting braces? Dr. Joseph Reed of Arlington Texas says it is never too late. These days, adults make up nearly half of orthodontic patients hoping to finally get the perfect smile they've always dreamed about.

In his office in Arlington Texas Dr Reed wants you to know that braces have evolved considerably in the last 15 years. Breathe easy, the days of being a true "metal mouth" are over and more lightweight and cosmetically friendly options are out there.

Today metal brackets are smaller and we don't use all the bands or appliances that wrap all the way around your teeth like we used to. Now, we use bonded brackets that are a lot smaller or the clear braces that are a lot more cosmetic as far as their appearance

## Case Studies



**Before Braces**



**After Braces**



**Before Braces**



## **After Braces**

### **Why get Braces?**

Dr. Reed wants you to know that Many people don't know that Malocclusion – crooked teeth – can actually lead to difficulty in cleaning and flossing and eventually to tooth decay.

But why now? Your teeth and smile are the first thing that people notice when they see your face. Why let crooked teeth be their first impressions.

Starting with braces at an early age is the best first step. This way the roots of the teeth move and adjust quickly. But, it OK if you waited because it is never too late!

### **The Healthy Smile**

Dental professionals say there are also health reasons for having a correct bite.

“With teeth that are in cross bite, teeth that are misaligned, there is an increased chance of plaque buildup, food buildup in between your teeth, which is a trickle-down effect because the more food buildup, the more plaque; therefore, the more concern for periodontal disease and gum disease” Web-MD

### **Metal Braces**

In his office in Arlington Texas, General Dentist Dr. Joseph Reed places and cares for Traditional Metal Braces. His office sees people of all ages. It is unique to visit a General Dental Office for braces because in his Arlington Texas Office Dr. Reed can remove the arch wires and perform Dental Hygiene. This is helpful for cleaning the areas that are covered and hard to reach due to braces.

Traditional metal braces are the most common type of braces. More comfortable today than in the past, metal braces are made of high-grade stainless steel and together with archwires straighten teeth. With metal braces, you have the option of adding colored elastics for a more colorful smile.

### **Ceramic Brackets**

Dr. Reed can also use Ceramic Brackets. These are typically more expensive but may be less noticeable. Ceramic braces are made of clear materials and are less visible than metal braces. For this reason, ceramic braces are used mainly for older teenagers and adults who have cosmetic concerns.

# How to Care for your Braces

## Foods to Avoid with Braces

### HARD STICKY AND CRUNCHY FOODS

- Chewy foods: bagels, hard rolls, licorice
- Crunchy foods: popcorn, ice, chips
- Sticky foods: caramels, gum
- Hard foods: nuts, candy
- Foods you have to bite into: corn on the cob, apples, carrots
- Chewing on hard things (for example, pens, pencils or fingernails) can damage the braces. Damaged braces will cause treatment to take longer.

## General Soreness

When you get your braces on, you may feel general soreness in your mouth and teeth may be tender to biting pressures for three to five days. This can be relieved by rinsing your mouth with a warm salt water mouthwash. Dissolve one teaspoonful of salt in 8 ounces of warm water, and rinse your mouth vigorously. If the tenderness is severe, take aspirin or whatever you normally take for headache or similar pain. The lips, cheeks and tongue may also become irritated for one to two weeks as they toughen and become accustomed to the surface of the braces. You can put wax on the braces to lessen this. We'll show you how!

## Loosening of Teeth

This is to be expected throughout treatment. Don't worry! It's normal. Teeth must loosen first so they can be moved. The teeth will again become rigidly fixed in their new – corrected – positions.

## Loose Wire or Band

Don't be alarmed if a wire or band comes loose. This happens occasionally. If wire protrudes and is irritating, use a blunt instrument (back of spoon or the eraser end of a pencil) and carefully, gently push the irritating wire under the archwire. Simply get it out of the way. If irritation to the lips or mouth continues, place wax or wet cotton on the wire to reduce the annoyance. Call our office as soon as possible for an appointment to check and repair the appliances. If any piece comes off, save it and bring it with you to the office.

## Care of Appliances

To successfully complete the treatment plan, the patient must work together with Dr. Reed. The teeth and jaws can only move toward their corrected positions if the patient consistently wears the rubber bands, headgear or other appliances as prescribed. Damaged appliances lengthen the treatment time.

## Brushing

It's more important than ever to brush and floss regularly when you have braces, so the teeth stay cavity free and gums are healthy after orthodontic treatment. Patients who do not keep their teeth clean may require more frequent visits to the dentist for a professional cleaning. Adults who have a history of gum disease should also see a periodontist during orthodontic treatment.

### **Athletics**

If you play sports, it's important that you consult us for special precautions. A protective mouthguard is advised for playing contact sports. In case of any accident involving the face, check your mouth and the appliances immediately. If teeth are loosened or the appliances damaged, phone at once for an appointment. In the meantime, treat your situation as you would any other sports injury by immediately placing a cold pack on affected area. If a tooth is knocked out of mouth be sure to find it if it is dirty lightly rinse it (with milk if possible) and place it back in the mouth then see Dr. Reed immediately.

## **Invisalign Invisible (Clear) Orthodontic Appliances**

### [Invisalign®](#)

Dr. Reed is a Premier Invisalign Provider. He has performed many cases using Invisalign Clear Appliances. Invisalign uses a series of clear aligners to straighten teeth. The aligners are comfortable and have no metal to adjust to during treatment. Since the aligners are removable, they also do not affect eating and do not require additional time for brushing and flossing.

### Eating with Braces

What can you eat? Let's talk about what you shouldn't eat! If you've been wanting to drop a few pounds, the first week wearing braces is just your chance! For the first day or so, stick to soft foods. Avoid tough meats, hard breads, and raw vegetables. Before long, you'll be able to bite a cucumber again. But you'll need to protect your orthodontic appliances when you eat for as long as you're wearing braces.

# Zoom & Lumi Bright! Whitening

## Chairside In-office Whitening

Have you dreamed of a white, bright, smile? Take years off your appearance with a Zoom & Lumi Bright® treatment. Zoom & Lumi Bright is an in-office tooth whitening process widely used throughout the country and around the world to lighten discolored teeth. Tooth discoloration may result from drinking coffee, tea, cola and red wine, or from smoking. The aging process also can stain and darken your teeth.

The Zoom & Lumi Bright in-office tooth whitening procedure uses the Zoom & Lumi Bright Advanced Power Chair-side Lamp® to activate the prescription strength whitening gel. As the hydrogen peroxide is broken down, oxygen enters the enamel and dentin to bleach the stained substances, leaving the structure of the tooth unchanged.



Whitening your smile quickly with the Zoom & Lumi Bright system.

## Zoom & Lumi Bright at Arlington Dental

At Arlington Dental the Zoom & Lumi Bright Procedure takes 1.5 hours. We first determine if you are a candidate for Zoom & Lumi Bright!

- You need to have a professional cleaning within 6 months
- You must have healthy gums
- There are certain medications that are contraindicated
- You must not be pregnant or breast feeding
- Due to the Length of the procedure and time it requires – YOU MUST GIVE 2 FULL BUSINESS DAYS CANCELLATION
- One to three applications of the gel will be applied for 15 to 20 minutes
- At the time of your appointment you may opt to have sensitivity trays or take home whitening trays made for an additional \$50

We will conduct a comprehensive examination of your teeth and gums to ensure proper health, as well as talk with you about your oral hygiene and lifestyle habits to determine if you will benefit from whitening.

Depending on the condition of your teeth and your goals for changing the look of your smile, tooth whitening may not be your best option.

During your consultation and evaluation, we also will note existing dental work, such as crowns and veneers, which will not respond to conventional whitening agents.

## **The Zoom & Lumi Bright In-Office Whitening Procedure**

The procedure begins with a short preparation to cover the lips and gums, leaving the teeth exposed. The dentist then applies the Zoom & Lumi Bright hydrogen peroxide whitening gel, which works together with the Zoom & Lumi Bright light to penetrate the teeth and break up the stains and discoloration.

The gel remains in place for 15 minutes while the light is activated. During this time, you can relax, watch TV or listen to music.

The gel is applied for one to three 15-minute sessions of light activation. Individuals with a strong gag reflex or anxiety may have difficulty undergoing the entire procedure. Many times all of the staining is removed in one application while others require three.



## **Zoom & Lumi Bright Whitening Aftercare: Maintaining Whitening Effects**

For an additional fee (\$50) you may opt for Zoom & Lumi Bright home-use touch-up kit that includes custom-fitted whitening trays. Follow your dentist's instructions for when and how to use this touch-up kit.

To help maintain the whitening effects of your Zoom & Lumi Bright teeth whitening treatment, you should avoid certain foods and beverages, or consume them in moderation to avoid staining your teeth. These include tea, coffee, red wine, cola, etc.

Additionally, tobacco products will stain teeth, even after whitening treatments. Maintain an appropriate oral hygiene (brushing and flossing) regimen to prevent stains from reforming, and visit our office regularly for scheduled teeth cleanings.

## **Zoom & Lumi Bright Whitening Considerations**

Zoom & Lumi Bright may cause extreme sensitivity during treatment. Before you Zoom & Lumi Bright! We recommend that you use Sensodyne toothpaste for a week. The Zoom & Lumi Bright light produces minimal heat, which is usually the source of discomfort. Rarely, minor tingling is experienced immediately after the procedure, but always dissipates.

As with other tooth whitening products, Zoom & Lumi Bright whitening is not recommended for children under 13 years of age, or for pregnant or lactating women. Also, it is important to remember that whitening treatment may not be as effective for some people as it is for others. Only your dentist can determine if Zoom & Lumi Bright teeth whitening is right for you after performing a thorough oral examination that includes a shade assessment.

## **Zoom & Lumi Bright Teeth Whitening Cost and Treatment Time**

The average cost of Zoom & Lumi Bright teeth whitening treatment is \$850. Most cosmetic dentistry treatments are not covered by dental insurance. Zoom & Lumi Bright whitening costs are therefore unaffected by most insurance plans.

# **TAP Snoring Solution**

## **TAP = Thornton Adjustable Positioner**

The oral appliance solution for snoring and sleep apnea.

### **A UNIQUE APPROACH**

The Thornton Adjustable Positioner® (TAP) is based on the same principle as cardiopulmonary resuscitation, CPR. The airway must be opened to allow air to pass through the throat. A constricted or collapsed airway causes snoring and sleep apnea.

The TAP holds the lower jaw in a forward position so that it does not fall open during the night and cause the airway to collapse. The TAP maintains a clear airway to reduce snoring and improve breathing.

- Comfortable and patient friendly.
- Custom-made to prevent any change in teeth position or mouth structures.
- Patient-adjustable allowing maximum comfort and effectiveness.

# Invisalign Invisible Braces

Have you been hiding your smile? Dr. Reed is an Invisalign Premier Provider! He is a General Dentist but has undergone extensive training – a 2 year program – with the International Academy of Orthodontics. He understands how crooked teeth can affect your life and make you feel self conscious. In Arlington Texas he is a premier provider of invisible braces.

Are your teeth crooked or misaligned? Braces are something that adults dread. People are looking at your smile when you speak. Braces make most adults feel self conscious and juvenile! At Arlington Dental in Arlington, Texas we understand that you want to straighten your teeth without the embarrassment or discomfort of braces. Dr. Reed can help you to straighten your smile with invisalign® clear aligners.



Invisalign is the invisible way to straighten teeth using a series of custom-made, nearly undetectable aligners. And it's been proven effective in both clinical research and in practices nationwide. We can help you feel better about your teeth and smile. In Arlington, we offer special discounts, like a \$1500 coupon for treatment. Don't worry and learn to smile!

## [Watch the video!](#)

### **Benefits of invisalign®:**

- No embarrassing metal wires with clear braces
- No metal abrasions during treatment – your lips won't cut and bleed
- No metal = less time spent on adjustments – you won't lose brackets
- No one can tell you are straightening your teeth – you may feel them working
- Removable, eat and drink what you want while in treatment – wear them 22 hours
- Brushing and flossing are not a problem – take them out to brush

You can eat and brush and floss your teeth just like you always do, then, you will wear your aligner the rest of the time – 22 hours per day. We have flexible payments plans. As the weeks go by, you will see your teeth get straighter and straighter. Watch this video to see how amazing it is!

# OraVerse® Anesthesia Reversal

## Reversing Numbness with OraVerse™



When the sensation is back, so are you... smiling, speaking and drinking normally.

Now you can get on with your day after routine dental procedures thanks to a new product that reverses the effects of local anesthesia. This new measure of comfort is for patients who dislike the lingering numbness that can last for 3-5 hours after leaving our office.

To deliver superior care, we're always finding better ways to ensure your comfort and improve your dental experience. OraVerse is the first and only product proven safe and effective in accelerating a return to normal sensation and function after a local anesthetic containing a vasoconstrictor has been used. So now in about half the time, you'll be talking, smiling and drinking just like normal.

And OraVerse can benefit nearly any patient, but is not recommended for children under 6 years of age or weighing less than 33 lbs.

**OraVerse™**

(Phentolamine Mesylate) Injection

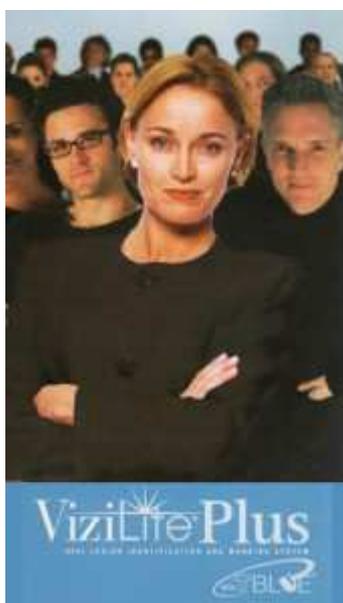
We want you to have the most comfortable experience possible. It's a commitment that begins when you walk in the door and extends long after you leave. So if you're among the many patients who dislike lingering numbness and its limitations, let's discuss whether OraVerse is the right choice for you during your next dental visit. For more information on this innovative new product, we invite you to visit [www.OraVerse.com](http://www.OraVerse.com)

# ViziLite® Detects Cancer

## Annual Oral Cancer Screenings are Important

When oral cancer is found early, treatment can be successful 82% of the time. Unfortunately, when compared to the survival rate of other cancers, the survival rate of oral cancer has not improved greatly over the last 30 years.

Because early detection is a key to survival, Arlington Dental recommends an annual screening exam called ViziLite® Plus with TBlue. Used in conjunction with a routine head and neck examination performed in our office, Dr. Halm or Dr. Reed can help find abnormalities that could lead to cancer. This kind of screening can help save lives.



The Face of Oral Cancer  
is Changing

**Who is at Risk?** The typical risk factors for oral cancer such as tobacco use and chronic alcohol consumption, may be commonly known, however, a new risk factor called HPV is now changing the face of oral cancer. HPV has long been known to cause cervical cancer in women and recent studies show that it may play a role in more than 25% of oral cancer cases.

The human papilloma virus is a common sexually transmitted virus that is thought to be causing oral cancer in an increasingly younger population. Few people, if any, even know they have it. That is why the doctors at Arlington Dental recommend an annual ViziLite Plus® exam.

## How Does ViziLite Plus Work?

The ViziLite Plus exam is a painless exam that takes only a few minutes to perform. ViziLite Plus uses a light source that helps to improve the examiner's ability to identify abnormalities that may have been missed under normal lighting.

After examining the patient's mouth to look for abnormalities, the patient will rinse with a solution that helps our doctors conduct the ViziLite Plus exam. Then the patient's mouth is examined using ViziLite. If any suspicious lesion is detected, it will be marked with T-Blue, a blue dye, and documented

# Cerec Crown-in-a-Day!

With **CEREC** at Arlington Dental, you can be in and out in a single visit with a permanent, all ceramic crown onlay! For you, the patient, this means fewer injections, less drilling, and less time out of your hectic schedule for dental care. *So, why are thousands of people worldwide choosing the CEREC restorative technique for their dental needs?*



## **Single Appointment Dental Care – While you Snooze!**

Most dental restorative methods require more than one visit to the dentist. Normally you would need at least two visits to have crowns fabricated. In many other offices you need one appointment to prepare the tooth and take impressions and a second appointment for a couple of weeks later to have the temporary removed (if it hasn't fallen off already), and have a permanent restoration put on. Why go to the dentist a second time when you don't have to?

With Arlington Dental we use CEREC technology whenever possible, the crown procedure is done in a single appointment, start to finish. Additionally, we can put you at ease using IV conscious sedation.



## **We Use the Finest Dental Materials**

A CEREC tooth restoration isn't just convenient, it is also healthy. Many years ago, dentists had few options to repair decayed and damaged teeth other than amalgam, gold, and other metals. Doctor [Reed](#) can use strong, tooth colored ceramic materials to restore your teeth to their natural strength, beauty, and function. These materials closely match the composition of natural tooth structure. This means when you eat hot food and then drink something cold, the restoration and tooth expand and contract at almost equal rates. So, your tooth does not crack, and you can go on enjoying your evening. Also, the materials are chemically bonded to your tooth, so your dentist can save as much healthy tooth tissue as possible while providing you with a dental restoration that strengthens your tooth.



## **Smile Enhancement**

[Dr. Joseph Reed](#) is skilled at remaking smiles with ultra thin all porcelain veneers. Veneers are a thin layer of porcelain that covers over imperfections like stained, cracked, broken, or crooked teeth. Amazing results are possible with the help of a skilled dentist and porcelain veneers.

# Porcelain Veneers



Dr. Reed says, “A porcelain veneer is a restoration made at a dental laboratory which is more labor intensive and it takes more appointments but it gives us the most realistic results with the longest life expectancy. First we have to decide what we want as the final result this is normally done with a diagnostic wax up. An impression is taken of the whole upper and lower arches then the features of each tooth that we want to change are accounted for such as length, width, rotation, alignment and color. All changes other than color are done on a stone model and shaped and carved out of diagnostic wax. Somewhat like delicate plasterwork add where we need it take it away where we don't. As the wax up is approved by the patient we are ready to continue with preparing the teeth taking away a bit more where we need to, and not so much where we don't. Once the preparations are finished impressions of those are taken and the temporary veneers are fabricated which will be worn by the patient for the month that it will take for the ceramist to hand stack each layer of porcelain. Opaque, body and translucent porcelains are used to create a restoration with depth and a realistic look. The insertion appointment is just about as long as the first appointment, the finishing of the porcelain veneers is detailed and meticulous work. The reward is a restoration that is not only beautiful but years later will show no discernible change. And with a stable occlusion and good design their life expectancy is quite long.”

Dr Reed has made porcelain veneers for patients in Arlington, Grand Prairie, Ft. Worth, South Arlington, Dallas, Richland Hills, Mansfield, and all over The DFW Metroplex! Come in for a Complimentary Consultation today!



## Veneers for Discolored Teeth

In his office in Arlington Tx, Dr Reed can make All Porcelain Veneers . Here is what he has to say about them:

”In the same process described for standard porcelain veneers, once the teeth are prepared the color of the remaining tooth structure is recorded tooth by tooth and sometimes by segments of each tooth. Special blocking porcelains are used in addition to base opaque porcelains in order to block out the darkness or increase the value (the amount of white in a color). In some cases opaque resin cements can be used to further block out the unwanted dark hues. “

Dr Reed has made veneers and restored discolored teeth for patients in Arlington, Grand Prairie, Ft. Worth, South Arlington, Dallas, Richland Hills, Mansfield, and all over The DFW Metroplex! Come in for a Complimentary Consultation today!

## Get porcelain veneers and smile!



In the realm of porcelain veneers restorations two main techniques are found the hand stacked and pressed ceramic. Arlington Dental uses hand layered veneers rather than machine made pressed veneers. These veneers are sent to a special lab – most labs make pressed veneers – and are hand detailed by a ceramist. This is what give the teeth a natural and life like appearance. Machine pressed veneers can improve the color and shape of teeth but are not as real or life like as the hand crafted look of DaVinci all porcelain veneers. In order to perform this technique Dr. Reed trained in Chicago and in New York City with Dr. Larry Rosenthal, of The Rosenthal Institute for Aesthetic Dentistry at NYU. His special training allows him to achieve optimal results for patients in Arlington, Ft. Worth and the surrounding area who want to totally remake their smile!

Dr Reed has completed many complete smile makeovers using veneers for patients in Arlington, Grand Prairie, Ft. Worth, South Arlington, Dallas, Richland Hills, Mansfield, and all over The DFW Metroplex! Come in for a Complimentary Consultation today!